

A Big Day of Gravel Riding - Checklist

Items described and tips recommended at www.rideheadquarters.com/gravel

Safety & Emergencies	Weather Management
Identification	Rain jacket
Cell Phone	Arm warmers
Emergency contact info or Road ID bracelet	Knee warmers
Accident report card	Waterproof socks
First-aid kit	Neck buff
Cash, singles	Space Blanket
Credit card - Visa or Mastercard	Nutrition
gloves	Food bars of various flavors x 3
Electronics Management	Gummy blocks or gels
GPS device with the route loaded	26-ounce bottles of water x 3
External battery pack	CamelBak with 2-3 L of water
Charging cable for your GPS unit	Being Ready for Nature, Comfort & Friends
Charging cable for your cell phone	Individually packaged alcohol wipes x 5
Spare derailleur battery	Chamois creme packets x 2
Spare shifter battery	Bug repellent
Charger for bike	Sun screen packets x 2
Camera	Facial tissue
Front light	Tampons
Tail light	Extra Tools and Items for the Very Prepared
Repairs	Leatherman
Two spare tubes	Tweezers
New tubes	Singleator
CO2 cartridge x 2	Rear derailleur
CO2 Inflator	1 x brake cable
Mini pump	1 x shifter cable
Tire lever x 2	Zip ties of three sizes
Patch kit	Spare tire
Tire boot	Additional Items to Remember
Duct Tape	
Multi-Tool	
Chain tool	
Powerlock links x 2 pair	
Chain pliers	
Replacement spokes, 2 of each length	
or Fiberfix	
Tubeless plug kit, if you ride tubeless tires	
Derailleur hanger (if your bike uses one)	